Southend-on-Sea
Unitary Authority

Health Profile 2015

Health in summary
The health of people in Southend-on-Sea is varied compared with the England average. Deprivation is higher than average and about 21.7% (7,200) children live in poverty. Life expectancy for both men and women is similar to the England average.

Living longer
Life expectancy is 11.1 years lower for men and 10.0 years lower for women in the most deprived areas of Southend-on-Sea than in the least deprived areas.

Child health
In Year 6, 17.7% (290) of children are classified as obese. The rate of alcohol-specific hospital stays among those under 18 was 32.8*. This represents 12 stays per year. Levels of GCSE attainment are better than the England average.

Adult health
In 2012, 23.7% of adults are classified as obese. The rate of alcohol related harm hospital stays was 607*. This represents 1,037 stays per year. The rate of self-harm hospital stays was 246.7*, worse than the average for England. This represents 430 stays per year. The rate of smoking related deaths was 301*. This represents 311 deaths per year. Estimated levels of adult smoking are worse than the England average. Rates of sexually transmitted infections and TB are better than average. Rates of violent crime and drug misuse are worse than average. The rate of statutory homelessness is better than average.

Local priorities
Priorities in Southend-on-Sea are increasing levels of physical activity, improving health and life chances of children and young people, and reducing smoking rates in the local population. For more information see www.southend.gov.uk

* rate per 100,000 population

Population: 176,000
Mid-2013 population estimate. Source: Office for National Statistics.

This profile gives a picture of people’s health in Southend-on-Sea. It is designed to help local government and health services understand their community’s needs, so that they can work together to improve people’s health and reduce health inequalities.

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Deprivation: a national view

The map shows differences in deprivation in this area based on national comparisons, using quintiles (fifths) of the Index of Multiple Deprivation 2010, shown by lower super output area. The darkest coloured areas are some of the most deprived neighbourhoods in England.

This chart shows the percentage of the population who live in areas at each level of deprivation.

Lines represent electoral wards (2013)

Life expectancy: inequalities in this local authority

The charts below show life expectancy for men and women in this local authority for 2011-2013. Each chart is divided into deciles (tenths) by deprivation, from the most deprived decile on the left of the chart to the least deprived decile on the right. The steepness of the slope represents the inequality in life expectancy that is related to deprivation in this local area. If there were no inequality in life expectancy as a result of deprivation, the line would be horizontal.

Life expectancy gap for men: 11.1 years

Life expectancy gap for women: 10.0 years

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Health inequalities: changes over time

These charts provide a comparison of the changes in early death rates (in people under 75) between this area and all of England. Early deaths from all causes also show the differences between the most and least deprived quintile in this area. (Data points are the midpoints of 3 year averages of annual rates, for example 2005 represents the period 2004 to 2006).

Early deaths from all causes:
MEN

Early deaths from all causes:
WOMEN

Early deaths from heart disease and stroke

Early deaths from cancer

Health inequalities: ethnicity

Percentage of hospital admissions that were emergencies, by ethnic group, 2013

This chart shows the percentage of hospital admissions for each ethnic group that were emergencies, rather than planned. A higher percentage of emergency admissions may be caused by higher levels of urgent need for hospital services or lower use of services in the community. Comparing percentages for each ethnic group may help identify inequalities.

- Southend-on-Sea
- England average (all ethnic groups)
- 95% confidence interval

Figures based on small numbers of admissions have been suppressed to avoid any potential disclosure of information about individuals.
The chart below shows how the health of people in this area compares with the rest of England. This area's result for each indicator is shown as a circle. The average rate for England is shown by the black line, which is always at the centre of the chart. The range of results for all local areas in England is shown as a grey bar. A red circle means that this area is significantly worse than England for that indicator; however, a green circle may still indicate an important public health problem.

**Indicator notes**

1 % people in this area living in 20% most deprived areas in England, 2013 2 children (under 16) in families receiving means-tested benefits & low income, 2012 3 Crude rate per 1,000 households, 2013/14 4 % key stage 4, 2013/14 5 Recorded violence against the person crimes, crude rate per 1,000 population, 2013/14 6 Crude rate per 1,000 population aged 16-64, 2014 7 % of women who smoke at time of delivery, 2013/14 8 At birth, 2011-13 9 Under 75 mortality rate: cardiovascular, 2011-13 10 Percentage of all mothers who breastfeed their babies in the first 48hrs, 2013/14 11 Under-18 conception, 2013/14 12 Directly age standardised mortality rate from suicide and injury of undetermined intent per 100,000 population, 2011-13 13 Per 1,000 population aged 16-64, 2014 14 5A*-C inc. Eng & Maths, 2013/14 15 Rate per 1,000 live births, 2011-13 16 Rate per 100,000 population, 2011-13 17 Under 18 conceptions, 2013/14 18 Persons under 18 admitted to hospital due to alcohol-specific conditions, crude rate per 100,000 population, 2011/12 to 2013/14 (pooled) 19 Under-18 conception rate per 1,000 females aged 15-17 (crude rate) 20 Recorded diabetes, 2013/14 21 Estimated users of opiate and/or crack cocaine aged 15-64, crude rate per 1,000 population, 2011/12 to 2013/14 22 New STI diagnoses, 2013/14 23 Persons under 18 admitted to hospital due to alcohol-related causes, crude rate per 100,000 population, 2011/12 to 2013/14 24 Persons under 18 admitted to hospital due to alcohol-related external cause, directly age standardised rate per 100,000 population, 2011/12 to 2013/14 25 Persons under 18 admitted to hospital due to alcohol-related primary diagnosis or an alcohol-related external cause, directly age standardised rate per 100,000 population, 2011/12 to 2013/14 26 Recorded hospital admissions involving an alcohol-related primary diagnosis or an alcohol-related external cause, directly age standardised rate per 100,000 population, 2011/12 to 2013/14 27 Persons under 18 admitted to hospital due to alcohol-related primary diagnosis or an alcohol-related external cause, directly age standardised rate per 100,000 population, 2011/12 to 2013/14 28 Recorded hospital admissions involving an alcohol-related primary diagnosis or an alcohol-related external cause, directly age standardised rate per 100,000 population, 2011/12 to 2013/14 29 Persons under 18 admitted to hospital due to alcohol-related primary diagnosis or an alcohol-related external cause, directly age standardised rate per 100,000 population, 2011/12 to 2013/14 30 Persons under 18 admitted to hospital due to alcohol-related primary diagnosis or an alcohol-related external cause, directly age standardised rate per 100,000 population, 2011/12 to 2013/14 31 Persons under 18 admitted to hospital due to alcohol-related primary diagnosis or an alcohol-related external cause, directly age standardised rate per 100,000 population, 2011/12 to 2013/14 32 Persons under 18 admitted to hospital due to alcohol-related primary diagnosis or an alcohol-related external cause, directly age standardised rate per 100,000 population, 2011/12 to 2013/14

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