

Emergency First Aid

Including Advisory External Defibrillation and Anaphylactic Shock/Epi-Pen

Aims: To treat immediately life-threatening conditions, where the patient will suffer severe brain damage or die within 3 minutes.

Health & Safety (First Aid) Regulations 1981 - HSE Approval 1416/94

Follows the guidelines of:

- Resuscitation Council (UK)
- European Resuscitation Council
- International Liaison Committee on Resuscitation (ILCoR)

1 - Emergency First Aid

- Acting promptly & effectively with emergencies at work
- Using first aid & resuscitation equipment
- Recognising the importance of personal hygiene
- Cardiopulmonary resuscitation
- Managing an unconscious patient
- Treating a patient who is choking
- Treating a patient who is wounded or bleeding
- Recognising & treating shock

2 - Anaphylactic Shock & Epi-Pen Use

- Recognising & treating anaphylactic shock / status asthma
- Epi-Pen (adrenaline) administration

3 - Advisory External Defibrillation

- Basic understanding of ventricular fibrillation
- Principle of defibrillation
- Patients suitable and unsuitable for defibrillation
- Maintenance requirements of AED
- Appropriate record keeping in relation to AED use

Resuscitation Council (UK) strongly recommends the implementation of early defibrillation. Any individual with responsibility for the management of cardiac arrest in the Hospital or community should be trained in, and authorised to perform defibrillation using an AED. Such individuals include:

- Medical practitioners of all disciplines and seniority
- Clinical medical students
- All registered nurses and pre-registration student nurses
- All emergency ambulance service personnel
- Occupational first aiders
- Members of voluntary aid societies and other life saving organisations

Training Provider: Ambulance Service College

Cost:

- SBC Staff charge: £110
- SBC/SLA Partners charge: £120
- Non SLA/External charge: £130