Personal Safety Awareness

Designed for:

This course is designed for staff that may be at risk of harm arising from acts of violence whilst carrying out their duties. This would usually be front line staff where confrontational situations are likely to arise.

Aims/Objectives:

This course will increase delegates' awareness of the risk of violence and provide them with some guidance on how such risks may be reduced.

Objectives:

To provide delegates with:

- An increased awareness of aggression;
- An introduction to self-defence, including simple breakaway techniques;
- Knowledge of techniques to control potentially violent situations;
- An introduction to human behaviour.

Training Provider: Personal Safety & Public Sector

Cost:

- SBC Staff charge: £110
- SBC/SLA Partners charge: £115
- Non SLA/External charge: £121