

Further Contacts

Your Social Worker should be your first point of contact. If they are unable to help please contact the National Youth Advocacy Service

[National Youth Advocacy Service](#)

The [National Youth Advocacy Service](#) (NYAS) is a UK charity providing children's rights and socio-legal services. NYAS offer information, advice, advocacy and legal representation to children and young people up to the age of 25, through a network of advocates throughout England and Wales . NYAS is also a community Legal Service.

Legal Advice

If you think you need more detailed legal advice you could telephone your solicitor who acted for you in the care proceedings. Alternatively our legal department keep an up-to-date list of Children's Panel Solicitors, who specialise in the law relating to child protection and looked after children. Ask your social worker about this.

Our [Southend Health Information Portal \(SHIP\)](#) website has further information about support groups and services. Please click here to access [SHIP](#).