

Southend Learning Disability Partnership Board Minutes from the meeting on 23rd October 2012



MH welcomed everyone to the meeting.

1. **People at the meeting**

Southend Borough Council, Primary Care Trust (PCT), BATIAS, SHIELDS, AVRO/Viking, South Essex Partnership University NHS Foundation Trust (SEPT), Carer and Southend University Hospital NHS Foundation Trust.

Apologies from people that could not attend

Mencap and Hamelin Trust

2. **Actions from the last meeting**

Minutes checked for accuracy.

3. **Update from Person Centre Planning (PCP)**

Silent Voices is a series of workshops aimed at Years 10 and 11 in school. The project was proposed during the Learning Disability Partnership Board Action Group 2 meeting when it was noticed that people with learning disabilities were reporting harassment from school children, especially on buses. Its aim is to reduce the number of disability hate crimes.

Not many schools have signed up to the Silent Voices workshops.

It was suggested that clubs within schools and student councils may be worth targeting, and also the use of social medias, eg Facebook and Twitter, and also Scouts, Guides and Youth Clubs.

If it could also be linked in with the Schools PSHE (Personal Social Health and Economic Education) Curriculum this would really help.

Additionally there was discussion about the possibility of doing a further media release.

Action: JD to talk to our media team to produce a press release and possibly an article in the Council's Outlook Magazine.

CC advised that BATIAS are working with Trinity Family Centre and they may be interested in running the workshop.

Action: CC from BATIAS will give the contact details of The Trinity Family Centre to JD.

The Keeping Safe course was run from April 17th until July 24th 2012 and showed people how to keep safe in lots of ways. A report was done asking what people thought about the course.

Some of the favourite sessions were around internet safety and fire safety. People did not like being reminded of things that had happened to them that were bad.

There is another Keeping Safe Course being run on 15th January 2013.

MM asked if anyone had any ideas on making the course better to let him know.

CC told everyone about a 999 course that was really good, and included advice on how to ring for an ambulance etc.

Action: CC will give the details to MM and JD about the 999 course and she said that she can also go on Twitter for us.

Occupational Therapists (OT's) can also send people on the Keeping Safe course and it was agreed that it can also be promoted to in patients in SEPT (South Essex Partnership Trust).

Action: MM and JD to give information to MS to display in in-patients and on discharge.

Library Leaflet - MM has produced a leaflet about using the library. A group of 80 people spent a discovery day at the library.

Action: MM to check with the library re the displaying of the leaflets

MM also explained that he is producing an easy read leaflet regarding the questionnaire about future of the library services.

It was recommended that an easy read leaflet on how to use the new self service system would be useful.

Action: MM will organise a Focus Group session at the HUB, about the Library Questionnaire and how to use the new self service system.

My Home Champions - leaflet has been produced. This new scheme offers support and advice to help to raise people's confidence to move out of the family home or residential care into other types of accommodation and support arrangements.

My Home Champions has received positive feedback. A group of Home Champions have been recruited and work like a buddy with people, showing them round their homes and sharing their stories and experiences about moving.

A brochure/champion profile is being produced to support the scheme.

Question: What if someone can't communicate that they want to move?

Answer - It was suggested that people's behaviours could show how they are feeling and this should be addressed on a one-to-one basis perhaps at a review.

4. **Learning Disability Self Assessment**

CH talked about the draft Learning Disability Self Assessment Action Plan.



LD Health Self
Assessment 12 summ

Some people found the Assessment difficult to understand. The board asked that all future information be shared in easy read/accessible format. However CH advised that she will not be able to put the actual submission into easy read. The design and layout of the submission will not allow it.

Faces were used to show how things are going.

-  Good things are happening
-  Doing ok
-  Need to be better (priority)

There are 4 main key areas/targets (listed below) that were highlighted in the assessment.

- 1. The Gaps in the current services for people with Learning Disabilities and looking at making plans to ensure the right services are available in the future.**
- 2. The Primary Care Trust (PCT) is working closely with the partnership board and other local partners to ensure that people with learning disabilities can access the same services as everyone else.**
- 3. People with a learning disability are safe in the National health Services services.**
- 4. Progress is being made in the health service reforms and the way people with a learning disability are given a say in their care.**

It is important that we all work together to achieve the key priorities below.

The Primary Care Trust (PCT) would like the support of people with learning disabilities, their carers and the Learning Disability Partnership Board to produce a 5 year health strategy. There will be a consultation for the new strategy in November. A working party to run the strategy needs to be set up.

It was suggested that the Steering Group in Phoenix House could help with this strategy and form part of the working party.

Action: The Primary Care Trust will keep the Partnership Board regularly updated with progress and will make sure that the appropriate people are involved in the consultation process.

There was an issue raised regarding the costs of carers and service users participating with consultation exercises and working parties and CH confirmed that the PCT will meet/support the costs in making this happen.

The answers to the questions in the LD Self Assessment came separately from Southend, Essex, and Thurrock and were combined into one South Essex submission.

It would help to just see Southend's answers - CH said she has this information.

Action: CH will provide copies of Southend's answers to the questions and will ensure that easy read versions are available for future meetings.

Action: Agreed for this topic to go on the agenda for the next LDPB meeting.

5. **Health Training for Support Workers**

MS gave feedback from the Health Action group

- The roles of Community Nurses have changed to that of health facilitation nurses, crisis nurses and behaviour specialist nurses. This means that Learning Disability Health Facilitation nurses now support GPs in regards to Annual Health Checks and Health Action Plans. This will affect support workers in residential settings, as they now need to take on general health care support for Service Users. Some Support Workers might not be trained to know what their role is, when supporting service users with GP appointments or hospital visits.
- Southend Mencap has undertaken a survey and found that a number of support agencies would like further information about mental health symptoms. Support Workers would not feel confident to identify when a service user is developing dementia or depression. Mencap has asked SEPT LD service to assist with this and develop a leaflet and possibly a drop in group service.

There seems to be a need for education of GP's, Care homes and Supported Living Providers around supporting Service Users with Mental Health symptoms and general health issues. It was agreed that this support and communication needs to be on going and targeted. It was discussed, that the Annual Review undertaken by Social Care should include a review of Health issues and the role of Support Workers in supporting health should be made clear.

Action: MH to discuss with LD team and raise awareness that annual reviews should include a review of (mental and physical) health matters and a discussion around the support agency's responsibility to support health.

Discussed concerns about not all carers knowing about Respite and prescribed Breaks. It was suggested that raising the awareness of them would be a good idea.

Action: MH to approach MM regarding producing an article on respite and prescribed breaks in the Outlook magazine.

Action: Invite MM to the next Partnership Board meeting to discuss the changes to respite and put together a document which outlines the range of respite options available locally.

6. **LDPB Annual Report 2011/2012**

EP advised that the LDPB Annual report has been submitted to the social care observatory.

Copy of the report is attached. The website below maybe useful
<http://www.improvinghealthandlives.org.uk/projects/pbr201112home>

Autism Partnership Board Meeting taking Place on Wednesday 24th October at Tickfield 1pm till 4pm.

SOS Rainbow Card

An outcome of the Action Group 3 Safeguarding - a SOS Rainbow Card is in production - draft hard copies were handed out at meeting - electronic copy attached.

It was highlighted that there are too many cards, what with the Health Passport, etc.

LD Workshop

SF gave feedback from the LD Workshop event.
Copy of the report attached.

Positive feedback was received regarding peoples choices

It was suggested that a Money matters course was run.

7. **Any Other Business**

It was suggested that there was an overhaul/review of the Learning Disabilities Partnership Board group and sub groups. Perhaps arranging a planning/workshop to look at how everything links in especially with the Health and Well Being group.

There is an open day at Heath Close on Wednesday 24th October that SEPT is providing from 10am till 3pm.

On Monday 29th October, Panorama will be talking about the Winterbourne case on the television.

There may be an opportunity to visit the Shelford site - the completion date is March 2014 - this will be supported/sheltered accommodation for people with learning disabilities.

Action: Shelford is to be added as an agenda item to be discussed at the next meeting.

Red = Must read and provide an update at the next PB meeting.

Blue = For general information.