

Southend Libraries - Dementia booklist

All titles can be requested free of charge. January 2013

Harry Cayton, Nori Graham and James Warner	Alzheimer's and other Dementias: answers at your fingertips	Class Publishing, 2008
Oliver James	Contented Dementia: 24-hour wraparound care for lifelong well-being	Vermilion, 2009
Frank Ryan	The Brain Food Diet	Profile, 2007
John Zeisel	I'm still here: a breakthrough approach to understanding someone living with Alzheimer's	Piatkus, 2011
Josephine and Michael Woolf	Is the cooker turned off? Caring for an older person with failing memory	Gorselands, 2003
Joanne Koenig Coste	Learning to Speak Alzheimer's: the new approach to living positively with Alzheimer's disease	Vermilion, 2003
Pam Schweitzer and Errollyn Bruce	Remembering Yesterday, Caring Today: reminiscence in dementia care	Jessica Kingsley, 2008.
Hugh Marriott	The Selfish Pig's Guide to Caring: how to cope with the emotional and practical aspects of caring for someone	Time Warner, 2006
Jean Carper	100 simple things you can do to prevent Alzheimer's and age-related memory loss	Vermilion, 2011
	The personal stories and the experiences of Carers	
Kate Whouley	Remembering the music, forgetting the words: travels with Mom in the land of dementia	Beacon Press, 2012
Marianne Talbot	Keeping Mum	Hay House, 2011
Andrea Gillies	Keeper: Living with Nancy, a journey into Alzheimer's	Short, 2009
Christine Bryden	Dancing with Dementia: my story of living positively with dementia	Jessica Kingsley, 2005
John Suchet	My Bonnie: how dementia stole the love of my life. Also available in Large Print and Audio CD	Harper Collins 2010

Southend Libraries : Telephone : (01702) 215011

E-mail library@southend.gov.uk

Website and online catalogue: www.southend.gov.uk/libraries

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Jane Grierson	Knickers in the Fridge: Alzheimer's is no laughing matter ... or is it?	Lulu.com, 2008
Linda Grant	Remind Me Who I Am, Again: how two grown up daughters watched their mother decline into dementia. Also available in Audio CD	Granta, 2011
Lisa Genova	Still Alice: A fictional story and International bestseller. When Alice finds herself in the rapidly downward spiral of Alzheimer's Disease she is just fifty years old, a university professor, wife, and mother of three.	Simon & Schuster, 2012
Graham Stokes	And Still the Music Plays: stories of people with dementia	Hawker Publications, 2009
Fiona Phillips	Before I Forget : A poignant account of her parent's descent into Alzheimer's (<i>Daily Mail</i>)	Arrow, 2011
Pictures to Share CIC	A series of over 12 themed picture books. Also offers pictures and DVD's http://www.picturestoshare.co.uk/	Pictures to Share, 2008

Reaching out to our readers

Southend Libraries aim to make services accessible to all residents. We want everyone to enjoy the many free resources they offer. These include:

- The RNIB Talking Book Service
- Reading Groups
- Home Library and Mobile Services
- Carer and Access ticket options
- Internet taster sessions with library staff

If you prefer, we can arrange to visit you at home to talk about these services.

Southend Borough Council's website also has a section on services and support for people with dementia. Visit www.southend.gov.uk

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